



High School

Required Forms Check-off Sheet

(this sheet does not need to be submitted)

All of the following forms must be completed and signed before an athlete can practice and or compete. These forms only need to be completed once per school year, and will be in effect for the entire school year, with the exception of the physical, which is good for 12 months from the date of the physical (it is not tied to the school year).

- Athletic Commitment
- Ethics in Sports
- Physical Form
- Sudden Cardiac Arrest Awareness
- Concussion Awareness Form
- Consent to Treatment & Proof of Insurance
- Athletic Authorization & Release of Liability
- CIF Mandatory Steroid Policy
- Permission to Transport with an Approved Driver
- Anti-Bullying, Anti-Harassment & Ant-Hazing Pledge

All of the forms can be downloaded from the school website: www.nuacademy.org/athletics