



Middle School

## Required Forms Check-off Sheet

*(this sheet does not need to be submitted)*

All of the following forms must be completed and signed before an athlete can practice and or compete. These forms only need to be completed once per school year, and will be in effect for the entire school year.

\_\_\_\_\_ Athletic Commitment

\_\_\_\_\_ Consent to Treatment & Proof of Insurance

\_\_\_\_\_ Athletic Authorization and Release of Liability

\_\_\_\_\_ Concussion Awareness Form

(This form is from CIF, the state high school athletic association. It is the form NUA uses to inform our high school athletes and their parents/guardians of the dangers, symptoms and return to play protocols of concussions in athletes. It is being used here for that same informational and increased awareness purposes).

\_\_\_\_\_ Permission to Transport with Approved Driver

\_\_\_\_\_ Sudden Cardiac Arrest Awareness (*pdf.*)