



High School

Required Forms Check-off Sheet

(this sheet does not need to be submitted)

All of the following forms must be completed and signed before an athlete can practice and or compete. These forms only need to be completed once per school year, and will be in effect for the entire school year, with the exception of the physical, which is good for 12 months from the date of the physical.

- _____ Athletic Commitment
- _____ Ethics in Sports *(pdf.)*
- _____ Physical Form *(pdf.)*
- _____ Sudden Cardiac Arrest Awareness *(pdf.)*
- _____ Concussion Awareness Form
- _____ Consent to Treatment & Proof of Insurance
- _____ Athletic Authorization & Release of Liability
- _____ CIF Mandatory Steroid Policy
- _____ Permission to Transport with an Approved Driver